

# DISCERNMENT IN COMMON - EXERCISE HANDOUT

### ADDITIONAL QUESTIONS FOR REFLECTION

**Note:** the former province of Loyola developed these questions for their leadership course

#### Person of Discernment

- Do you see yourself as a person of interior freedom, pure intention, hopeful and with a desire for greater service, as basic attitudes for discernment?
- Do you see yourself as creative and disposed to search for solutions?
- Do you have experience of reflecting and praying to burnish your attitudes?
- What experience do you have of using Ignatian criteria for discernment: to strive for the greater good, to reach the greatest number of people, that seeks to serve those who are poor, that pays attention to the more urgent, or that which nobody wants to or can do?

#### Shared Reflection

- Do you look for help when analyzing your own action and the state of the institution?
- Do you foster a spirit of participation in your enterprise?
- Do you promote meetings and reunions of collaborators to better understand the challenges they face in your work, and the result you achieve?
- Does this imply a high level of reflection and depth?
- Have you managed to systematize your works in writing, and even to publish them so that they can be known, spread afar, criticized and improved?

#### Consults and Decisions

- Do you make provisions for processes of consulting and discernment, praying with adequate methodology for relevant matters?
- Do you give the group times of prayer and reflection, where each person seeks the best, expresses himself / herself and feels listened to, putting head and heart to work together, reason and well ordered affections?
- Do you take decisions in the light of Ignatian spiritual discernment?
- Do you have interior freedom of spirit to accept whatever those who have to decide decide? (In the matters that you are deliberating about)

### ADDITIONAL EXERCISES