

A JOURNEY INTO THE SELF - RESOURCES

GENERAL LEADERSHIP RESOURCES

Title	Author	Publisher	Year	Link
The New Leaders – Transforming the art of leadership into the science of results	Daniel Goleman, Richard Boyatzis and Annie Mckee	Sphere	2003	Link
Managing Oneself	Peter Drucker	Harvard Business Review	1999	Link
The Discipline of Building Character	Joseph L. Badaracco	Harvard Business Review	2006	Link
5 ways to become more self-aware	Anthony Tjan	Harvard Business Review	2015	Link
Leadership begins with an inner journey	James M. Kouzes and Barry Z. Posner	John Wiley & Sons, Inc.	2011	Link
Management Education for the World: A Vision for Business Schools Serving People and the Planet	K. Muff, Thomas Dyllick, M. Drewell, J. North, P. Shrivastava, J. Haertle	Edward Elgar Publishing	2013	Link
Developing Self--Awareness Understanding Yourself	Mindtools	Mindtools		
Seeing Through Your Blind Spots	Tony Schwartz	Harvard Business Review	2012	Link
How Leaders Become Self-Aware	Anthony K. Tjan	Harvard Business Review	2016	Link
An examination of the relationships among self-perception accuracy, self-awareness, gender, and leader effectiveness	Ellen Van Velsor Sylvester Taylor Jean B. Leslie	Human Resource Management	1993	Link

IGNATIAN RESOURCES

Title	Author	Publisher	Year	Link
Saint Ignatius of Loyola Personal Writings	Joseph A. Munitiz and Philip Endean	Penguin Classics	2004	Link
The constitutions of the Society of Jesus and their complementary norms : a complete English translation of the official Latin texts	Society of Jesus	Saint Louis Institute of Jesuit Resources	1996	Link

QUOTES

- “What progress, you ask, have I made? I have begun to be a friend to myself.” - Hecato
- “If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you.” - James 1:5
- “Your visions will become clear only when you can look into your own heart. Who looks outside, dreams; who looks inside, awakes.” - C.G. Jung
- “If you want to be of use to others, begin by taking pains with yourself; the fire that is to enkindle others should be lighted at home.” - St. Ignatius
- “The person who sets about making others better is wasting his time, unless he begins with himself.” - St. Ignatius
- “You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; to be made new in the attitude of your minds; and to put on the new self, created to be like God in true righteousness and holiness.” - Ephesians 4:22-24
- “You cannot teach a man anything; you can only help him find it within himself” - Galileo Galilei