### **GENERAL INTRODUCTION - HANDOUT**

#### SOME ELEMENTS THAT GUIDE AN IGNATIAN WAY OF PROCEEDING

Below are a few attitudes, beliefs, values, behaviors and processes that guide an Ignatian way of proceeding at the individual and collective levels. What other elements would you add? What is the cost of a pronounced gap between the attitudes/internal mindsets and the behaviors/outer processes?

#### AT THE INDIVIDUAL LEVEL

## Internal dispositions, attitudes, beliefs (Capacity)

AT THE INNER LEVEL

- Trust in others, on self and God
- Generosity
- Empathy
- Humility
- Inner freedom
- Self-awareness
- Integrity
- Faith in the Resurrected ("Sin doesn't win")
- Courage
- Discrete and discerning
- Self-care
- Openness to growth and change
- Magi
- Availability and openness

#### AT THE COLLECTIVE LEVEL

# Collective dispositions, attitudes, shared values (Culture)

- Togetherness and Mutuality
- Union of hearts
- Openness to innovation and change
- Solidarity
- Prayerful body
- Friendship and follow ship in the Lord
- Shared ownership
- Rooted in relationship with church
- Presence to each other
- Caring and compassionate for others as whole people (especially the materially or spiritually poor)

#### AT THE OUTER LEVEL

## Actions, behaviors, habits, practices (Competences)

- Engaging in service
- Examen
- Prayer
- Asking for feedback
- Taking silent times
- Taking rest and distance
- Engaging in inquiry and critical thinking

## Institutional structures, services, actions (Collective Impact)

- Developing and honoring rituals in service of our mission and values
- Engaging in collective reflective processes
- Ignatian pedagogy
- Developing and following collaborative structures and processes (Working in partnerships)
- Developing and engaging in structures that facilitate spiritual conversations and communal deliberation
- Continuous learning processes
- Structures/disciplines rooted in purpose and values.