

GENERAL INTRODUCTION - EXERCISE

The frontiers in my life

Think about what the words “periphery” and “frontiers” mean for you at this present moment in your life. Write the thoughts that come to your mind. They can be of many types, here is a possible subdivision:

- **Anthropological:** spiritual frontiers, psychological, peripheries of knowledge...
- **Organisational:** inclusivity, transparency, integrity, responsibility...
- **Social:** between the poor and the rich, migrants and refugees, prisons...

In what ways are these peripheries/frontiers calling you to change and grow? Are you paying enough attention to them?

Identifying our Expectations

Which of the below themes resonate the most with you at this particular time? How would you rate yourself on each? In which ones do you feel invited to further develop? Take some time to think about concrete ways that illustrate how you wish to grow in each dimension.

- Understanding the context of your work / institution / daily life
- Being adaptable to new circumstances
- Managing in times of crisis
- Identifying and managing key stakeholders
- Dealing with ethical dilemmas
- Fostering creativity and innovation to address challenges from new perspectives
- Staying grounded and managing the dangers of frontier work
- Experiencing the frontiers practically
- Developing inner freedom and indifference
- Remaining connected to the mission

On this module you will find ideas and content that reflect on the previous points. Feel free to roam around through the ones that you find most relevant to you today.

ADDITIONAL EXERCISES

There are currently no additional exercises for this section