

LEADERSHIP TASKS AND ROLES - EXERCISE

WHAT DOES LEADERSHIP MEAN TO YOU?

- Write down in your own words what you think leadership is about. Give a definition that reflects both your experience and your aspiration.
- What roles and actions do you associate with the word “leader”?
- In the previous section you reviewed what your day to day is in order to understand what characterizes leadership work. Take that list of activities and group those related to similar roles/functions together (for example: planning in one category, communicating, managing people in other categories, etc.).

Note: If you are in a group or with a colleague share your findings. Compare your lists for similarities and differences. What roles can you add to the list you initially developed?

From your discussion, decide on 5 roles that are most important to you and the job you do and think on the ones that you dedicate less time to.

CONNECTING TO YOUR TASKS AND ROLES

In the “Additional Documents” you will find Handout 1. This document contains a series of roles along with several guiding questions. Add other roles depending on your current functions.

After completing that task: How can this reflection complete the definition of leadership you made in the first point?

FROM REFLECTION TO ACTION

Choose one of the roles you might not be investing much time in and experiment consciously with it during one day. Do this as many times as you consider useful (repetition is very important in the ignatian tradition) but most importantly note your reflections down for other moments when you practice this.

ADDITIONAL EXERCISES

1. 15 Self-Study questions for Managers - [Link](#)