

WORKING WITH OTHERS - EXERCISE

WORKING WITH GROUPS AND TEAMS

Part 1: List some of the collective units (groups and teams) you belong to.

- What benefits of being part of these units can you think of?
- What about the challenges?

Part 2: Share your insights with a small group / colleague. What emerges from your discussion about the gifts and challenges of working with and through others?

Part 3: Looking at the list you created in part 1, which of these units acts as a group and which as a team?

What about the following clusters? Discuss with your small group / a colleague what characterizes each?

A family	Seniors/aged people in a house for elderly	A board of directors
A community of practice	An airline flight crew	A municipality
A cross-cultural training group	Your country population	A local church
Colleagues	A rugby team	A support group against gender-based violence
An intergenerational group	A regional conference	...

Part 4: Based on your discussions, take a few minutes to think about the distinctive characteristics of a group and the distinctive characteristics of a team and make a list.

ADDITIONAL EXERCISES

For a deeper reflection and to connect with personal experiences of working in groups and teams, refer to the handout.