

SOURCE OF VITALITY - RESOURCES

GENERAL RESOURCES

Title	Author	Publisher	Year	Link
Lumen Gentium	Pope Paul VI	The Holy See	1964	Link
The spiritual challenge of Midlife	Anselm Grün	Liguori Publications	2006	Link
The second journey Spiritual Awareness and the Mid-Life Crisis	Gerald O'Collins	Paulist Press	1978	Link
After the Ecstasy, the Laundry: How the Heart Grows Wise on the Spiritual Path	Jack Kornfield	Bantam	2000	Link
El poder curativo de la crisis (only in Spanish)	Several Authors	Kairós	2008	Link
Cultivating leadership through deep presencing and awareness based practices	Jonathan Reams , Olen Gunnlaugson, Juliane Reams	Jossey Bass	2014	Link
Leading from the Spirit - Chapter 27 - Selection from The Leader of the Future 2: Visions, Strategies, and Practices for the New Era	Darlyne Bailey	Jossey Bass	2006	Link
The Heart and Soul of Leadership: A Transpersonally Oriented Examination of How Quality of Presence Impacts Leadership	Jonathan Reams		2018	Link
Flow, the secret to happiness	Mihaly Csikszentmihalyi	TED	2004	Link
The Leader in Midlife - Chapter 26 - Selection from The Leader of the Future 2: Visions, Strategies, and Practices for the New Era	Richard J. Leider	Jossey Bass	2006	Link
Work Reimagined	Richard Leider	TED	2015	Link

Title	Author	Publisher	Year	Link
The Divine Milieu	Pierre Teilhard de Chardin	Opensource		Link
Discovering Your Personal Vocation: The Search for Meaning Through the Spiritual Exercises	Herbert Alphonso	Paulist Press	2011	Link
Getting a Life : How to Finding your True Vocation	Renée M. la Reau	Orbis Books	2013	Link
Spirituality in Adulthood: Development and Fruition	Peter Feldmeier	The Way	2004	Link
Consolation of Mind and Heart: The Search for Meaning and Happiness	Richard Boileau	The Way	2010	Link
Vocation and Motivation: The Theories of Luigi Rulla	Peter Egenolf	The Way		Link
How to Discern the Elements of Your Personal Vocation	Peter F. Ryan, S.J	FCS Quarterly	2007	Link

QUOTES

- No testing has overtaken you that is not common to everyone. God is faithful, and he will not let you be tested beyond your strength, but with the testing he will also provide the way out so that you may be able to endure it. - **1 Corinthians 10:13**
- “Do not be afraid. I am with you. I have called you by your name. You are mine.” - Isaiah 43
- “A person can make himself happy, or miserable, regardless of what is actually happening ‘outside’ just by changing the content of consciousness” - **Mihaly Csikszentmihalyi**
- “His divine power has given us everything needed for life and godliness, through the knowledge of him who called us by his own glory and goodness. Thus he has given us, through these things, his precious and very great promises, so that through them you may escape from the corruption that is in the world because of lust, and may become participants in the divine nature.” - **2 Peter 1:3-4**
- “The meaning of life is giving meaning to life” - **Anonymous**
- “He who has a “why” is able to withstand many “hows” - **Friedrich Nietzsche**
- “When it says, ‘He ascended’, what does it mean but that he had also descended into the lower parts of the earth?” - **Ephesians 4:9**
- I have come that they may have life, and have it to the full. – John 10:10
- “Everyone has his own specific vocation or mission in life; everyone must carry out a concrete assignment that demands fulfilment. Therein he cannot be replaced, nor can his life be repeated. Thus, everyone's task is unique as is his specific opportunity to implement it.” - **Viktor Frankl**
- “All human beings prefer meaningful work to meaningless work. This is much like stressing the high human need for a system of values, a system of understanding the world and of making sense out of it.... If work is meaningless then life comes close to being meaningless.” **Abraham Maslow**